



**Regulations and Rules**  
**3<sup>rd</sup> Dolomites Ultra Trail**  
**84 km**  
**Saturday, 2<sup>nd</sup> July 2022**



**Organizer:** ASV Brixen Dolomiten Marathon, Regensburger Allee 9, I-39042 Brixen  
[www.brixenmarathon.com](http://www.brixenmarathon.com), [info@brixenmarathon.it](mailto:info@brixenmarathon.it), tel. +39 334 2386209

**Preamble:** In these regulations and rules the masculine form is used to designate male and female genders.

**COVID-19:** the current Covid-19 regulations, which will be communicated in good time, apply on the day of the event.

**Route:** height difference up and down 4.728 m, distance 84 km, time limit: 20 hours.

The Dolomites Ultra Trail takes place in the heart of the Dolomites on forest and hiking trail, on alpine and partly high alpine climbs. It is a **team race**, it is run exclusively in a **team of two**: the athletes start together in Brixen, go through the checkpoints together and also reach the finish line in Brixen together. The maximum time difference of the pair at each checkpoint is 2 minutes. If this time limit is exceeded once, a time penalty of 5 to 60 minutes will be imposed; if the time limit is exceeded again, the team will be disqualified.

#### **Participation permission**

- Participants must be at least 18 years old on 2<sup>nd</sup> July 2022.
- Foreign participants must present a Certificate of Health, valid on 2<sup>nd</sup> July 2022 (download at the homepage). You have to send this certificate until 29<sup>th</sup> of June 2022 at the mail address [info@brixenmarathon.it](mailto:info@brixenmarathon.it)

Only well-trained runners can handle this alpine challenge. By signing the registration form the runner accepts the rules of this marathon as well as the regulations of the IAAF. For all regulations not mentioned in this invitation the international regulations of CONI and ICMR are applied.

**Registration:** The registration takes place online at [www.brixenmarathon.com](http://www.brixenmarathon.com) (link Datasport) and it is only valid after payment of the registration fee. Participants who register within 31.05.2022 will receive a personalized starting number.

**Registration deadline:** Wednesday, 29<sup>th</sup> July 2022, 7 p. m.

From 1<sup>st</sup> July 2022 registrations will only be possible on site at the Cathedral Square in Brixen from 1 to 7 p.m.

<b>Registration fees</b>	<b>per team</b>
11.11.2021 – 31.12.2021	€ 180
01.01.2022 – 31.03.2022	€ 200
01.04.2022 – 31.05.2022	€ 220
from 01.06.2022	€ 260

**Registration change/cancellation:** The re-registration of a purchased starting place must be made by 29.06.2022. A processing fee of € 5 will be charged for this. Changes of any kind are also only possible until 29.06.2022. Those who have taken out insurance will be reimbursed the entry fee by the insurance company. Information on this can be obtained from the timekeeping company Datasport at [info@datasport.com](mailto:info@datasport.com). The registration fee will not be refunded by the organizer and will not be credited for the following year.

#### **Categories**

- W – M – Mixed
- Master W – Master M – Master Mixed  
(Both athletes must be together over 80 years old. It counts the birthday of each runner of the team).
- Senior Master W – Senior Master M – Senior Master Mixed  
(Both athletes must be together over 100 years old. It counts the birthday of each runner of the team).

The first three of each category will be awarded.

**Distribution of start numbers:** Friday from 1 to 10 p.m. Cathedral Square Brixen.

**ATTENTION:** The race number will only be given to the athlete couple personally, upon presentation of a valid identification document. The race number must be fully visible during the race, may not be removed and is not transferable.

**Briefing/Start:** The briefing is obligatory; it takes place on Friday at 11 p. m. at the Cathedral Square in Brixen. Information about the route, possible route changes and possible sources of danger are communicated. The starting grid starts 30 minutes before the start - the mandatory equipment will be checked. The start takes place at 00.01 a. m. Should there be a neutralized start on the first section, the lead vehicle may not be overtaken.

**Luggage:** there is a reserved area at Cathedral Square Brixen.

**Services:** the registration fee includes the following services:

- Medal
- Diploma (online)
- Welcome-Bag with several products
- Pasta Party at the Cathedral Square Brixen
- Route catering: adapted to the current Covid-19 regulations
- Lending fee for the time measuring chip (transponder)

**Chip:** must be returned at the finish area. If lost, a fee of € 35 will be charged.

**Prize giving ceremony:** at the Cathedral Square Brixen at 6 p.m. (the prizes will not be delivered).

Within one hour after the finish, there is the possibility to lodge a protest at the Info-Point at the Cathedral Square in case of rule violations of other participants or against decisions of the race control. All witnesses named must appear. The protest fee is € 100. If the protest is lost, the fee remains with the organizer.

### **Parking**

- Free parking at Brixen-Süd, Fischzuchtweg (1 km from the starting area).
- 24-hours-ticket (single exit) € 5, Parking garage, Dantestraße Brixen, can be bought in the starting area.

**Equipment:** We are partly in high alpine terrain; the weather can change quickly. The following equipment must be carried in the running backpack during the race, this will be checked randomly along the course. Violators will either be charged with a time penalty or disqualified.

**Each participant must carry the following equipment:**

- Running backpack
- Trail running shoes with a tread that is suitable for running in alpine terrain
- Foul-weather gear for protection from the elements
- Warm Clothing (long-sleeved shirt and running pants) as insulating layers underneath the rain gear. The basic rule is that you will see no skin!
- Gloves
- Hat
- Drinking cup
- Working head torch (the start is at midnight)
- Water tank containing 1 liter
- Labeling of competitor's food/beverage supplies by the individual's start number
- Personal ID

**Each team must carry:**

- Emergency kit (emergency whistle, sterile dressing, sterile gloves etc.)
- Emergency whistle
- GPX-watch with complete course data saved to memory or the printed course map
- Mobile phone with saved rescue number 112 and the phone number of the organization (will be announced)

It is also recommended: sunscreen, sports glasses, running poles, clothes to change, change about € 20 (for own food and beverage at the mountain huts).

**Feeding Station (FS) – see the following map:** There are enough food stations along the route with drinks, fruit, dried fruit. Soups and warm drinks are served at selected places. Each runner will receive a route plan with the registered refreshment stations. On leaving the feeding station, each participant is responsible for carrying sufficient liquids and food to the next feeding station.

**Checkpoints (CP) – see the following map:** Time carpets are laid out to scan the rankings. These checkpoints must be passed through. If a runner does not run through a time carpet, he will be disqualified.

**IMPORTANT:** the team should run through together; the time interval of the respective team may not exceed 2 minutes!

**Track marker/Time limits (TL) – see the following map:** The entire route is signposted with spray, signs, ribbons, flags. After the time limits have expired, the track is considered closed.

1<sup>st</sup> Exceeding the time limit: 10 minutes time penalty.

2<sup>nd</sup> Exceeding the time limit: 20 minutes time penalty.

3<sup>rd</sup> Exceeding the time limit: the team will be disqualified.

Place	Km	Tot. ascent	Tot. descent	FS	CP	Transit time TL = <b>signed in black</b>
Brixen/Bressanone	0					00.01
Afers/Eores	10	950	/	x	x	1.00 – <b>2.30 a.m.</b>
Russiskreuz	20	1.540	360	x		2.30 – <b>5 a.m.</b>
Schlütter Hut/Rif. Genova	28	2.500	790	x	x	3.30 – <b>8 a.m.</b>
Puez Hut	39	3.333	1.410	x		<b>5 – 11 a.m.</b>
Campill/Longiarù	47	3.400	2.570	x	x	6 a.m. – <b>1 p.m.</b>
Fornella Hut	57	4.260	2.760	x	x	7.15 a.m. – <b>4 p.m.</b>
Kreuztal/Valcroce	71	4.728	3.240	x	x	8.30 a.m. – <b>6 p.m.</b>
St. Andrä/San Andrea	76	4.728	4.240	x		9 a.m. – <b>7 p.m.</b>
Brixen/Bressanone	84	4.728	4.728	x	x	9.15 a.m. – <b>8.01 p.m.</b>

**Important:** Self-catering, which is provided by third parties outside of the official refreshment points can lead to the disqualification of the athlete concerned.

**Security:** Volunteer fire brigades, mountain rescue service, paramedics, doctors.

**Route change/Race stop:** in case of bad weather or dangerous conditions the event organizer has the right to change to an alternative, also homologated track. Every athlete must follow the instructions of the volunteers and the rescue team. If the race is stopped, the registration fee will not be refunded.

**Cancellation of the race:** may be due to force majeure. The organizer decides if part of the registration fee will be refunded, or the registration will be credited for the next year.

**Health/Autonomy of the participants:** Absolute surefootedness and no fear of heights are required. Every participant must be able to orientate himself on the course by his own power, even without outside help. We appeal to the self-responsibility and the common sense of every participant. Every runner takes part of his own risk. Only very well trained runners can master this alpine challenge - a good preparation is required. When leaving the refreshment stations, each participant is responsible for having sufficient liquid and food with him until the next refreshment station. Doctors and duty along the route and the final runner ("sweeper bus") are authorized to retire a runner from the race on medical grounds. If a competitor continues the race against a medical directive or run behind the official last control vehicle ("sweeper bus"), he does so at his own responsibility and without any entitlement to the Dolomites Ultra Trail services.

**Leaving the Race:** If a team cannot finish the race, this must be communicated immediately by telephone (phone number is on the race number). If only one partner drops out of the race, this must be also reported. The remaining runner can finish the race but will be removed from the ranking. Any competitor who stops (except in case of injury or exhaustion) the race must proceed to the next checkpoint. Participants who violate this obligation shall bear the costs of a search mission themselves.

**Accommodations:** see our website [www.brixenmarathon.com](http://www.brixenmarathon.com)

### **How to get there**

- By car: Brenner motorway A22: from north exit Brixen/Vahrn, from south exit Klausen.
- By train: Brenner railway: station Brixen.
- By plane: the closest airports are: Bozen (45 km), Innsbruck (85 km), Verona Villafranca (190 km).

**Disqualification:** doping, mechanical assistance from outside, use of vehicles, shortening/leaving the official route, waste disposal at unmarked places, failure to provide assistance, exchange of start numbers, non-compliance of route service instructions. The organizer reserves the right to punish further unsportsmanlike violations with disqualification. The principle of sportiness and fairness applies. Pay attention to traffic rules: roads to be crossed are not closed.

**Privacy:** By registering, every athlete approves the disclosure of his own sensitive data following the privacy rules. The participant agrees that these may be passed on to third parties for the purpose of time measurement, the creation and display of result lists and the setting of these lists on the website. In addition, the organizer is permitted to publish these data, photos, videos in all relevant media (website, print media, internet) is approved (DL. Nr. 196, art. 2003). Please also note the data declaration of our partner DATASPORT AG under the link: <https://www.datasport.com/de/datenschutzerklaerung/> by choosing your language.

### **Insurance and liability (place of jurisdiction is Brixen/Bressanone)**

By registering, every athlete declares:

*I recognize the organizers exclusion of liability for any damages. The event organizer cannot be held responsible for any loss, injury or damage to people or items, for accidents before, during and after the race. There is no liability for lost items. I declare to be well-prepared for this marathon, that I am healthy and that the personal details (name, age etc.) are correct (art. 2 legge 04/01/1968 no. 15 come modificato dall'art. 3 comma 10 legge 15/05/1997 no. 127). I agree that the data specified in my registration, the photos and videos may be used without any right to compensation on my part. I know that it is forbidden to pass my personal number to another person without complying with the official transfer procedure. I also know that the official route cannot be left, I accept the orders of the track marshals. With the registration I agree the regulations and rules of this race as well as any further modifications published on the homepage [www.brixenmarathon.com](http://www.brixenmarathon.com).*